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Dear Parents,

I write to advise that today a student has tested positive for COVID-19 using a lateral flow test (LFT) at home.

We are continuing to monitor the situation and are working closely with Public Health England. This letter is to inform you of the current situation and provide advice on how to support your child.

As an Academy, ensuring the health, safety and wellbeing of our students, staff and the wider Academy community has been our absolutely priority. As a result, we have closely followed all Government guidance and have implemented all possible safety measures and protocols to ensure everyone's safety and to limit the transmission of any virus.

The Academy remains open and providing your child remains well they can continue to attend as normal. We will keep this under review.

The students and families of those who are now self-isolating have already been informed, and will be accessing remote learning from home to disruption any limit to their education.

It is important that students, staff and the wider Academy community remain vigilant and continue to uphold the various safety protocols in place both within the Academy but also when out in the wider community.

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they should remain at home for ten days from when the symptoms began, and you should arrange for them to get a test. All other household members should also stay at home and not leave the house for ten days.

Household members should not go to work, the Academy or public areas and exercise should be taken within the home.

Household members staying at home for 10 days will greatly reduce the overall amount of infection the household could pass on to others in the community.

If you are able to, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

You do not need to self-isolate if your test is negative, as long as:

- Everyone you live with who has symptoms tests negative.
- Everyone in your support bubble who has symptoms tests negative.
- You were not told to self-isolate for 10 days by NHS Test and Trace
- You feel well – if you feel unwell, stay at home until you're feeling better.
- If you have diarrhoea or you're being sick, stay at home until 48 hours

If you are isolating because you have been contacted by NHS Test and Trace or because you are required to under public health measures, you must continue to isolate for 10 days even if you receive a negative test result.



Symptoms

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature
- a loss of, or change in, normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child or anyone in the household does develop symptoms, you can seek advice from NHS 111 at:

<https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/> or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19.

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

If there are any further updates we will inform you immediately, but if you have any questions or queries please do not hesitate to contact the academy and we will be able to support.

Thank you once again for your ongoing support and understanding – it is greatly appreciated.

Yours sincerely



Mrs C Robson
Principal